

Hope House



Services Provided

Our evidence-based curriculum and wrap-around services provide up to date information, techniques and support which address SUD, mental health and other harmful behaviors.

- Treatment and Discharge Plans
- Individual and Group Counseling
- Addiction Education and Relapse Prevention
- Family Dynamics and Parenting Education
- Emotional Wellness and Management
- Healthy Living and Life Skills in Recovery
- Health Education and Nutrition
- Daily Fitness Classes
- Wellness Recovery Action Plan (WRAP)
- 12-step meetings and coursework
- Case Management/Support Linkages
- Art Therapy and Hypnotherapy Groups
- Stanford Courses



Service League of San Mateo County is a 501©3
Non-Profit Corporation, Tax ID # 94-1661885

Services for Graduates

Service League provides affordable transitional housing in Redwood City for our qualified program graduates. Our stable, clean, and supportive environment is for those who are willing to continue to rebuild their lives and transition back into the community.

- Graduates receive an aftercare plan upon completion
- Graduates are encouraged to attend our weekly aftercare groups at no cost
- Graduates are welcome back to Hope House at any time for support
- Graduates volunteer & sponsor current residents, thus supporting their own recovery



Qualifying for Services

We are so glad that you are interested in changing your life. Please contact us with your questions so we can assist you through the application process.

Please note: applications require final approval by San Mateo County BHRS.

Phone: 650-363-8735
727 Middlefield Rd, Redwood City, CA 94063
Email: info@serviceleague.org

Updated September 2026.



Friendships Flourish at Hope
House

Who We Are

Since 1990, the Hope House residential program has provided comprehensive Substance Use Disorder (SUD) treatment and Mental Health services. We are licensed by the Department of Health Care Services and are a certified Drug Medi-Cal Program.



Who We Serve

We serve adult women and individuals who are pregnant or with an infant, postpartum, transgender and gender nonconforming in comfortable, residential homes in a culturally sensitive setting. We embrace diversity and welcome and support individuals from all backgrounds. Hope House does not discriminate by race, religion, sex or gender, ethnicity, age, disability, sexual orientation, and gender identity and/or expression.

Smoking accommodations are available. Smoking is permitted in designated outdoor areas during scheduled times.



Perinatal Services



Hope House reserves up to 4 beds for individuals who are pregnant or with infants. Clients care for their own child while enrolled. Services include:

- Parenting Education
- Parent-Child reunification services
- Reestablishing relationships with family members
- Support working with Children and Family Services and the Courts
- Transportation to all appointments
- Case Management and Support Services



Karen M. Francone

Wellness Center



Hope House provides daily fitness classes on-site at our wellness center. Each participant is encouraged to work at their own pace. We focus on the “whole person” during the recovery process by strengthening both the mind and body.

